

Subject: Oligomenorrhea

Case study

A 24-year-old university student presented with a history of oligomenorrhea since adolescence, experiencing irregular menstrual cycles occurring every 45–90 days with variable flow. She described accompanying fatigue, mild acne, and occasional pelvic discomfort. Previous medical evaluations excluded serious endocrinopathies and she was prescribed oral contraceptives, which improved her cycle regularity but led to unwanted side effects like bloating and mood changes. After discontinuing hormonal therapy, she sought adjunctive approaches to enhance her well-being.

A bioresonance assessment was performed to identify potential energetic imbalances and contributing factors. Energetic analysis suggested disturbances in cellular harmony, particularly within endocrine pathways linked to menstrual regulation. Weekly sessions were initiated to harmonize the body's frequencies and restore overall energy balance. Over several months, she reported greater menstrual predictability, improved energy, and better mood stability. While not a replacement for standard gynecological care, bioresonance sessions provided energetic support that complemented her ongoing lifestyle changes and medical supervision.

Bioresonance treatment program:

65.52 Oligomenorrhea	Time
00.00 Analysis preparation	5 min
01.00 Vitalisation complete	5 min
02.00 Acupuncture Meridians complete	5 min
31.10 ATP production complete	5 min
35.10 Raising the defence capacity, basic program	5 min
64.10 Hypothalamus complete	5 min
64.20 Pituitary gland complete	5 min
64.80 Ovary complete	5 min

65.10 Female hormonal balance basic regulation	5 min
65.52 Oligomenorrhea.....	5 min
65.61 Female gonad, endocrine functional disorder	5 min
65.62 Female gonad, exocrine functional disorder	5 min
66.00 Female sexual organs, physiology complete	5 min
72.00 Psyche	5 min
75.00 Stress	5 min
31.50 Basic detoxification program	5 min
01.00 Vitalisation complete	5 min