

Subject: Premenstrual syndrome PMS

Case study

A 32-year-old woman with a longstanding history of premenstrual syndrome (PMS) reported experiencing mood swings, bloating, fatigue, and frequent headaches two weeks before her cycle each month. Standard treatments, including dietary adjustments and low-dose oral contraceptives, helped to an extent, but her symptoms persisted and significantly impacted her quality of life.

Seeking a holistic approach, she chose to try bioresonance therapy. Initial assessment included an evaluation of her body's energetic fields, which indicated signs of energy disturbance corresponding to her symptoms. Therapy focused on supporting her natural energy balance, complementing her conventional treatments. Over ten weekly sessions, the bioresonance protocol aimed to restore overall energy balance, harmonize cell frequencies, and reinforce her body's natural healing. After this period, she noticed improved mood stability, reduced bloating, and increased well-being, though she continued her prescribed medications. She expressed appreciation for the personalized, non-invasive approach and felt empowered by targeting possible underlying causes through energy-based methods.

Bioresonance treatment program:

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| 65.45 Premenstrual syndrome PMS | Time |
| 00.00 Analysis preparation | 5 min |
| 01.00 Vitalisation complete | 5 min |
| 02.00 Acupuncture Meridians complete | 5 min |
| 31.10 ATP production complete..... | 5 min |
| 35.10 Raising the defence capacity, basic program..... | 5 min |
| 64.10 Hypothalamus complete | 5 min |
| 64.20 Pituitary gland complete | 5 min |
| 64.80 Ovary complete | 5 min |
| 65.10 Female hormonal balance basic regulation | 5 min |

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| 65.45 Premenstrual syndrome PMS | 5 min |
| 65.50 Menstruation programs complete | 5 min |
| 66.00 Female sexual organs, physiology complete | 5 min |
| 72.00 Psyche | 5 min |
| 75.00 Stress | 5 min |
| 31.50 Basic detoxification program | 5 min |
| 01.00 Vitalisation complete | 5 min |