

## Subject: Lichen (ruber planes)

### Case study

A 58-year-old gentleman presented with pruritic, violaceous, flat-topped papules on his wrists and lower legs, diagnosed as lichen planus (lichen ruber planus) by his dermatologist. He had endured significant itching and discomfort for several months, impacting his sleep and mood. Despite topical corticosteroids and antihistamines, only mild improvement was noticed. Searching for additional support, he sought bioresonance therapy. Energetic testing indicated an energy imbalance, particularly at certain meridian frequency points, with moderate energetic disturbances noted. A personalized bioresonance plan was initiated, aiming to restore overall energy balance and harmonize cellular frequencies. Weekly sessions complemented his conventional treatments, focusing on gentle energetic support and fostering healing at the cellular level. Over eight weeks, he reported reduced itching, more restful sleep, and a greater sense of well-being. While skin lesions persisted, his symptoms were more manageable, and he felt empowered by a holistic, cause-oriented approach to his health.

### Bioresonance treatment program:

<b>63.60 Lichen (ruber planes) .....</b>	<b>Time</b>
00.00 Analysis preparation.....	5 min
01.00 Vitalisation complete .....	5 min
02.00 Acupuncture Meridians complete .....	5 min
31.38 ATP production skin.....	5 min
30.65 Epithelial tissues complete .....	5 min
30.90 Mucous membranes complete .....	5 min
35.10 Raising the defence capacity, basic program.....	5 min
70.24 Skin system .....	10 min
62.10 Skin complete.....	5 min
63.60 Lichen (ruber planes).....	5 min

31.50 Basic detoxification program .....5 min  
01.00 Vitalisation complete .....5 min