

# Subject: Restless Legs Syndrome

## Case study

A 68-year-old retired schoolteacher struggled with Restless Legs Syndrome (RLS) for several years, experiencing uncomfortable sensations in her lower limbs, especially at night. Despite trying various medications and sleep hygiene strategies, her symptoms largely persisted, disrupting her sleep and leaving her fatigued during the day. Curious to explore holistic options, she pursued bioresonance therapy alongside her regular treatments.

Initial bioresonance testing suggested disturbances in her body's energy balance, possibly related to chronic stress and nutritional imbalances. Sessions focused on harmonizing cell frequencies—aiming to restore her overall energy balance with bioresonance therapy. Over a series of weekly treatments, she reported gradual improvement in nighttime restlessness and overall well-being. While medication remained part of her management, the client felt that the combination of approaches allowed her to experience a more restful sleep and better energy during the day. She appreciated that bioresonance offered a non-invasive, supportive tool to foster energy balance and comfort, tailored to her unique needs.

## Bioresonance treatment program:

<b>55.44 Restless Legs Syndrome .....</b>	<b>Time</b>
00.00 Analysis preparation.....	5 min
01.00 Vitalisation complete .....	5 min
02.00 Acupuncture Meridians complete.....	5 min
31.10 ATP production complete.....	5 min
35.10 Raising the defence capacity, basic program.....	5 min
70.10 Nervous system .....	10 min
54.00 Nervous system physiology complete .....	5 min
54.10 Central nervous system complete .....	5 min

55.44 Restless Legs Syndrome .....	5 min
83.80 Neurotransmitters complete .....	5 min
72.00 Psyche .....	5 min
31.50 Basic detoxification program .....	5 min
01.00 Vitalisation complete .....	5 min