

Subject: Lumbago

Case study

A 54-year-old office manager developed persistent lower back pain, diagnosed as lumbago, following years of sedentary work and a recent episode of heavy lifting. Standard treatment, including NSAIDs, physical therapy, and lifestyle adjustments, provided only partial symptom relief. The ongoing discomfort affected his sleep and energy, leaving him frustrated and searching for additional options.

He was referred for bioresonance therapy after expressing interest in complementary approaches. Bioresonance analysis indicated energetic imbalances along the lumbar meridian and subtle energy disturbances related to stress and posture. The sessions focused on harmonizing cell frequencies and providing energetic support to improve his overall well-being, alongside continued conventional care. Over several sessions, he reported gradual improvements in pain intensity and sleep quality. While lumbago persisted to some extent, the integration of bioresonance enhanced his perception of energy balance and contributed to a more optimistic outlook on managing his chronic pain.

Bioresonance treatment program:

53.83 Lumbago	Time
00.00 Analysis preparation.....	5 min
01.00 Vitalisation complete	5 min
02.00 Acupuncture Meridians complete	5 min
31.40 ATP production muscles	5 min
35.10 Raising the defence capacity, basic program.....	5 min
52.25 Musculature / ligaments lower extremities.....	5 min
53.23 Muscle tension	5 min
53.41 Backbone pain / tension	5 min
53.73 Backache lumbar spine	5 min
53.83 Lumbago	5 min

31.50 Basic detoxification program5 min
01.00 Vitalisation complete5 min