

Subject: Backache lumbar spine

Case study

A 48-year-old office worker with a history of lumbar spine backache for over four years sought integrative care after experiencing persistent lower back pain despite physiotherapy and anti-inflammatory medications. His pain was aggravated by prolonged sitting and occasionally radiated to his left leg. Standard imaging showed mild degenerative changes but no surgical indication, and the patient wished to avoid escalating medication use.

Energetic assessment with bioresonance revealed imbalanced cellular frequencies and energetic disturbances corresponding to the lumbar spine region. Therapy focused on harmonizing these energetic fields and promoting cellular energy balance. Regular bioresonance sessions were provided, aimed at correcting energetic imbalances and complementing his physiotherapy. Over several weeks, he reported gradual reduction in pain intensity and improved daily function. The approach prioritized identifying root energetic disturbances, rather than only suppressing symptoms, and provided a sense of empowerment and overall well-being. No adverse effects were reported, and the patient continued his conventional care alongside bioresonance.

Bioresonance treatment program:

53.73 Backache lumbar spine	Time
00.00 Analysis preparation.....	5 min
01.00 Vitalisation complete	5 min
02.00 Acupuncture Meridians complete.....	5 min
31.40 ATP production muscles	5 min
35.10 Raising the defence capacity, basic program.....	5 min
71.11 Pain receptors	5 min
71.50 Pain relief	5 min
52.00 Musculoskeletal system, physiology complete	5 min

52.20 Musculature complete	5 min
53.23 Muscle tension	5 min
53.25 Inflammation of the muscle	5 min
53.41 Backbone pain / tension	5 min
53.73 Backache lumbar spine	5 min
72.05 Psyche, strengthening	5 min
75.10 Stress reduction.....	5 min
31.50 Basic detoxification program	5 min
01.00 Vitalisation complete	5 min