

Subject: Backache cervical spine

Case study

A 54-year-old office worker presented with chronic pain and stiffness in the cervical spine, which had persisted despite physiotherapy and regular use of NSAIDs. He reported difficulty concentrating at work due to intermittent headaches and tingling in his left hand. Standard imaging unremarkably revealed only mild degenerative changes, and neurologists ruled out significant neural impingement.

Wishing to address underlying causes, he pursued bioresonance therapy as an adjunct to his conventional regimen. Initial bioresonance analysis indicated an energy deficit along the cervical vertebral energetic fields and an energy disturbance at specific meridian points. An individualized plan focused on harmonizing cell frequencies and restoring overall energy balance with bioresonance therapy. Over a series of weekly sessions, he noticed a gradual reduction in discomfort, improved range of motion, and increased sense of well-being, although not a cure. He could reduce his reliance on analgesics while continuing physical exercises. This case highlights how integrating energy-based therapies like bioresonance may support well-being in those with chronic cervical spine discomfort.

Bioresonance treatment program:

53.71 Backache cervical spine	Time
00.00 Analysis preparation	5 min
01.00 Vitalisation complete	5 min
02.00 Acupuncture Meridians complete	5 min
31.40 ATP production muscles	5 min
35.10 Raising the defence capacity, basic program.....	5 min
71.11 Pain receptors	5 min
71.50 Pain relief	5 min
52.00 Musculoskeletal system, physiology complete	5 min
52.20 Musculature complete	5 min

53.23 Muscle tension	5 min
53.25 Inflammation of the muscle	5 min
53.41 Backbone pain / tension	5 min
53.71 Backache cervical spine	5 min
72.05 Psyche, strengthening	5 min
75.10 Stress reduction.....	5 min
31.50 Basic detoxification program	5 min
01.00 Vitalisation complete	5 min