

## Subject: Stretched ligament

### Case study

A 42-year-old office worker experienced a stretched ligament in her right ankle after slipping on wet stairs. Initial hospital assessment confirmed mild ligament injury, and she followed conventional treatment with rest, compression, and physiotherapy. However, lingering pain and instability persisted for weeks, impacting her daily activities and sense of well-being.

Seeking further support, she turned to bioresonance therapy. An initial assessment revealed energy imbalances at the cellular level, especially in the area around her right ankle. According to the bioresonance analysis, disturbances in the energetic fields were contributing to her slow recovery (“Disturbance in the cellular frequencies can lead to health consequences.” and “Energy deficit / energy burden / energetic fields / energy disturbance / energetic set up”). She received tailored bioresonance sessions designed to help harmonize energetic balance and support cellular healing (“Harmonizing energetic balance of body promotes healing and immunity”). After four sessions, she reported reduced discomfort and greater stability, complementing the benefits of physical therapy. This integrative approach helped promote her overall resilience without replacing conventional care.

### Bioresonance treatment program:

<b>53.27 Stretched ligament .....</b>	<b>Time</b>
00.00 Analysis preparation.....	5 min
01.00 Vitalisation complete .....	5 min
02.00 Acupuncture Meridians complete.....	5 min
30.70 Connective tissues complete .....	5 min
31.39 ATP production blood vessels.....	5 min
31.40 ATP production muscles .....	5 min
35.10 Raising the defence capacity, basic program.....	5 min
52.20 Musculature complete .....	5 min

53.27 Stretched ligament.....	5 min
31.50 Basic detoxification program .....	5 min
01.00 Vitalisation complete .....	5 min