

Subject: Injury of the muscle / fibre rupture

Case study

A 42-year-old recreational runner presented with a grade II muscle fibre rupture in his right calf following a sudden sprint during a weekend race. Initial hospital assessment confirmed the diagnosis, recommending rest, physiotherapy, and anti-inflammatory medications. Despite adherence, he reported lingering pain, weakness, and stiffness after several weeks, particularly when resuming light activity, and sought additional support for his recovery.

The patient opted for bioresonance therapy alongside ongoing physiotherapy. A bioresonance assessment highlighted disturbances in his lower leg's cellular energy balance and an 'energy deficit' at the injury site. Over five weekly sessions, therapy focused on harmonizing cell frequencies and fostering healing at the cellular level, as every cell in the body requires energy to perform. Gradually, the patient reported improved calf strength, reduced feeling of tension, and overall well-being. By the eighth week post-injury, he returned to regular exercise with less discomfort. While conventional rehabilitation remained essential, bioresonance provided energetic support contributing to his recovery and sense of balance.

Bioresonance treatment program:

53.24 Injury of the muscle / fibre rupture	Time
00.00 Analysis preparation.....	5 min
01.00 Vitalisation complete	5 min
02.00 Acupuncture Meridians complete.....	5 min
31.39 ATP production blood vessels.....	5 min
31.40 ATP production muscles	5 min
31.87 Oedemata.....	5 min
35.10 Raising the defence capacity, basic program.....	5 min
52.20 Musculature complete	5 min

53.24 Injury of the muscle / fibre rupture	5 min
31.50 Basic detoxification program	5 min
01.00 Vitalisation complete	5 min