

Subject: Muscle tension

Case study

A 42-year-old office worker had endured persistent muscle tension in her neck and shoulders for over a year. After numerous physiotherapy sessions and ergonomic adjustments at work, her discomfort remained, often interfering with sleep and causing frequent headaches. Seeking a complementary approach, she turned to bioresonance therapy, open to exploring alternatives that could harmonize her body's energy.

Initial energetic assessment revealed notable disturbances in her cellular frequencies, particularly along the meridian points associated with stress response. The tailored bioresonance sessions aimed to harmonize cell energy and restore overall balance. Alongside her established physical therapy routine, she reported a gradual reduction in muscle discomfort and improved sense of well-being after several weeks. While not a cure, bioresonance complemented her conventional care, providing energetic support and reinforcing her body's natural capacity for balance and relaxation.

Bioresonance treatment program:

53.23 Muscle tension	Time
00.00 Analysis preparation.....	5 min
01.00 Vitalisation complete	5 min
02.00 Acupuncture Meridians complete	5 min
31.40 ATP production muscles	5 min
35.10 Raising the defence capacity, basic program.....	5 min
52.20 Musculature complete	5 min
53.23 Muscle tension	5 min
31.50 Basic detoxification program	5 min
01.00 Vitalisation complete	5 min