

Subject: Sprain (distorsion)

Case study

A 38-year-old office manager experienced a severe ankle sprain after misstepping on uneven ground. Following initial rest, icing, and compression, she continued to suffer from persistent swelling, limited mobility, and discomfort despite adherence to her physician's recommendations. Frustrated by the slow recovery, she sought adjunctive care with bioresonance therapy.

Her practitioner performed an energetic assessment, identifying an energy burden at the injury site and a disturbance in cellular frequencies. A personalized energy-based plan was developed, aiming to harmonize cell frequencies—a safer option to restore well-being—and foster healing at the cellular level. Over several sessions, bioresonance therapy was used in conjunction with her physical rehabilitation. The client reported reduced swelling, improved ankle flexibility, and enhanced overall vitality during her recovery. While standard therapies remained essential, bioresonance contributed to symptom relief and energy balance, supporting her return to daily activities without exaggeration or guarantees. The integrative approach promoted comfort and a sense of empowerment throughout her healing process.

Bioresonance treatment program:

53.21 Sprain (distorsion)	Time
00.00 Analysis preparation	5 min
01.00 Vitalisation complete	5 min
02.00 Acupuncture Meridians complete	5 min
31.39 ATP production blood vessels	5 min
31.40 ATP production muscles	5 min
31.41 ATP production bones	5 min
35.10 Raising the defence capacity, basic program	5 min
52.00 Musculoskeletal system, physiology complete	5 min
53.21 Sprain (distorsion)	5 min

31.50 Basic detoxification program5 min
01.00 Vitalisation complete5 min